

# Mental Health & Depression Seminar

Free event held on Sunday, Jan. 27, in the Seminary Chapel

[Campus News](#) | Posted on January 24, 2019



By: Esther Green, Seminary student writer

A new year has begun and many of us have made health resolutions to be better and do better. However, life's circumstances coupled with winter blues may be making change difficult.

For the benefit of every member of our Andrews University campus and community, the Seventh-day Adventist Theological Seminary will provide a free mental health and depression seminar conducted by Dr. Neil Nedley.

Neil Nedley, MD, is a full-time practicing physician in internal medicine with emphasis in gastroenterology, mental health, lifestyle medicine, and the difficult-to-diagnose patient. Because major depression has become so common, Nedley created the Depression Recovery Program which is highly effective in treating both depression and anxiety. Currently, Nedley is president of Weimar Center of Health and Education and is owner of the Nedley Clinic, an internal medicine practice in Ardmore, Oklahoma.

This free event will be held on Sunday, Jan. 27, in the Seminary Chapel at Andrews University from 1–6 p.m.

Discover that depression can be defeated and mental health improved. Dr. Nedley will give positive proof.

For more information about Nedley, his Depression Recovery Program and other programs, visit [nedleyhealthsolutions.com](http://nedleyhealthsolutions.com).