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# J.N. Andrews Scholars Andrews University Honors Program

## Honors Thesis

Isolation and Characterization of Novel Arginine-Derived Heterocyclic Amines

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Department: Chemistry and Biochemistry

#### Abstract

Most known heterocyclic amines (HCAs) are potent mutagens present at significant concentrations in cooked meats, and can be synthesized from burned mixtures of L-creatin(in)e with various amino acids. We hypothesize that novel mutagenic HCAs may be synthesized from a heated plant-based food simulating binary amino acid mixture: L-arginine and L-threonine. A two-part solid phase extraction was used to separate nitrogen heterocycles from byproducts followed by prep-HPLC and the Ames mutagenicity assay using *Salmonella* TA98 to determine the mutagenicity of various isolates. The results indicate that this binary amino acid mixture does not yield a mutagenic sample.

#### Introduction

Current epidemiological studies indicate that 30-35% of cancer-related deaths can be directly linked to diet; the other 65-70% linked to tobacco, infection, and several other minor sources. In fact, only 5-10% of novel cancer cases are due to genetic inheritance (Anand et al, 2008). Lifestyle factors, especially diet, have important roles in the initiation of biological malignancy. Therefore, the characterization of carcinogens, assessment of their risk to humans, and development of techniques to reduce exposure to these compounds remain an important modern research goal (Puangsombat, 2010; Sugimura et al, 2004; Zheng & Lee, 2009).

The majority of dietary carcinogens are either naturally occurring compounds and toxins or compounds created as a byproduct of food processing methods. This latter group includes both polycyclic aromatic hydrocarbons (PAHs) and heterocyclic amines (HCAs). HCAs or aminoimidoazaarines, are planar nitrogen containing compounds with at least one heterocyclic ring – generally an imidazole or azaarene ring – and an exocyclic amine group, formed ubiquitously across protein-containing foods, and especially in cooked and charred meats. Research on HCAs in the last 40 years has revealed hundreds of mutagenic and several carcinogenic compounds formed specifically in meat-based foods during cooking, thus increasing the strong correlation between the consumption of highly processed meats and the development of cancer (Alaejos & Afonso, 2011; Felton et al, 1986). HCAs represent a significant health concern. Many HCAs are formed through the reaction between creatin(in)e – an amino acid derivative found only in meats – and various amino acids at temperatures at 150-300 °C (Figure 1). Upon pon ingestion, HCAs exert their potent oncogenic effect by binding to DNA, forming both adducts to guanine and intercalating disks, thus hampering proper DNA replication and transcription through well-known tumorigenesis pathways (Sugimura et al, 2004; Shut & Snyderwine, 1999).

Cooked plant-based foods also present a potential source of HCAs. However, epidemiological studies suggest that the ingestion of cooked or charred plant-based foods carries only a fraction of the risk of tumorigenesis that similarly prepared meat-based foods carry. Notwithstanding, recent studies report finding carcinogenic compounds in plant-based foods

Figure 1: Chemical structures of creatine and arginine with highlighted similarities in structure. The guanadyl group is the triple nitrogen structure common to both molecules.

or plant-simulating samples, similar to known meat-based heterocyclic amines have been observed. For instance, Knize et al observe that burned binary amino acid mixtures produce mutagenic samples, and attribute this activity to a set of novel uncharacterized HCAs (1994).

The formation of potentially mutagenic HCAs within cooked plant-based foods, in the absence of creat(in)ine, is not farfetched. Knize et al observed the formation of mutagenic compounds within heated grain products (1994). In heated conditions, L-arginine is the most likely substitute for possible, on the basis that arginine and other amino acids. Creatin(in)e and L-arginine share several significant molecular similarities: both molecules possess a guanidyl group and a carboxylic acid group, potentially allowing L-arginine to react with other amino acids in a manner

analogous to creat(in)ine (Figure 1). Indeed, the binary amino acid mixture with significant levels of mutagenicity contain L-arginine and some other amino acids. Within this list, the binary amino acid mixture containing L-arginine and L-threonine has the greatest mutagenicity. Previous research projects under Dr. Hayes by Tyler Pender, J.C. Lynch, Zach Reichert, Andrew Stewart, and Rayford Alva, Irene Hwang, and Tori Kim have focused on developing burning methods, extraction procedures, MS analysis, HPLC optimization, and Ames Test validation to help determine the identity of heterocyclic amines present in burned amino acid mixtures containing L-arginine and L-phenylalanine in the presence of glucose, heated to various temperatures (Pender, 2013; Reichert, 2017). This research project has similar goals, but intends to analyze a novel binary amino acid model system, containing L-arginine and L-threonine without a carbohydrate additive, and analyzing the results of the burned sample to isolate and characterize mutagenic samples.

# Methodology

The methodology was adapted from Knize et al, which is crudely based on the widely accepted Gross and Grueter extraction method to isolate heterocyclic amines from a mixture of amino acids. (Felton et al 1986; Gibis, 2009; Knize et al 1994). Evidence suggests that the potential mutagens within burned plant-based amino acid samples share several important similarities with previously characterized heterocyclic amines from meat-based samples: compounds should possess one or more nitrogen-containing heterocycles, a guanidyl group, and one or more free exocyclic amino groups. These chemical moieties allow crude estimations of chemical properties that predict successful separation techniques.

### Burning

A significant problem with similar previous research was prohibitively small concentrations of heterocyclic amines resulting from the burned binary amino acid mixture, limiting the ability to adequately analyze compounds produced by the burnings (Reichert, 2016). A significant portion of the yield was characteristically lost to the separation and extraction process, as well as to the Ames mutagenicity test. In other words, current yield estimates indicate that smaller-scale burnings of the L-arginine and L-threonine mixture do not yield enough product for characterization. To fulfill the goals of this research, larger samples were prepared for HPLC separation by increasing the amounts of reagents used. L-arginine and L-thronine were purchased from Sigma Aldrich chemicals, and stored at room temperature in the laboratory. Approximately 0.1 mol L-threonine (17.4 g) and 0.1 mol L-threonine (11.9 g) were combined in a round bottom flask and heated at 210°C for 1 hour with occasional stirring.

#### Extraction

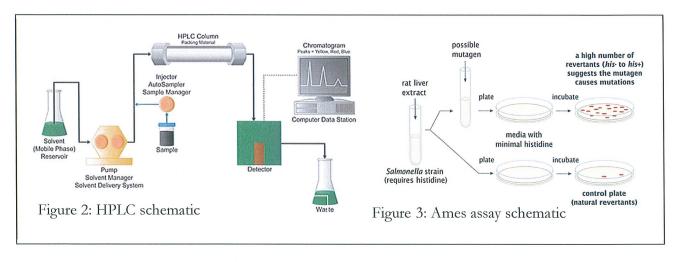
The burned mixture was dissolved in 1 M NaOH, and mixed thoroughly with a diatomaceous earth slurry, which allowed the polar molecules to adhere to the beads of diatomaceous earth. Nonpolar compounds were extracted from the slurry by triplicate rinse using 5% v/v toluene in dichloromethane. The resulting extract was placed on an SPE-PRS (propylsulfonic) acid-silica gel solid-phase Bond-Elut extraction column, designed specifically for the isolation of nitrogen containing compounds. The column was eluted using 10 mL of 10% v/v ammonium hydroxide in methanol solution. The first 2 mL of eluent were collected, filtered through a 15 mm, 0.45  $\mu$ m pore size Phenomenex PTFE membrane syringe filter, rotary evaporated, weighed and then dissolved in methanol for further analysis by HPLC. The extraction yield was

calculated after rotary evaporation of the 2 mL of effluent was extracted from the PRS column. Approximately 10% of the extraction yield was set aside for PrepHPLC analysis.

# HPLC Analysis and Sample Fractioning

PrepHPLC coupled with UV/Vis-spectroscopy was used to isolate and partially characterize components of the sample mixture. Preparatory HPLC is a sensitive and reliable technique used to separate compounds based on various molecular characteristics. A dissolved sample is injected into a liquid solvent stream passing through an HPLC column and a UV-vis spectrometer. The HPLC column is a packed column that separates compounds in a passing liquid phase based on their various chemical properties. An HPLC schematic is illustrated in Figure 2.

Our laboratory used the Waters PrepLC 4000 system with a 150 x 30 mm Phenomenex Luna 5 C18 column with a 5  $\mu$ m particle packing size, a 65% v/v acetonitrile in deionized water as mobile phase, 20 mL/min flow rate, a 9-minute total run-time, an autosampler was used to automatically inject 500  $\mu$ L aliquots of the methanol-dissolved sample. Between injections, a 1-minute wash procedure pumps 65% v/v aqueous acetonitrile through the C18 column at the same flow rate. The spectrogram was compared to negative controls: L-arginine, L-threonine, and a solvent control, as well as to a positive control: PhIP, a known heterocyclic amine, which can be synthesized and extracted from a burned mixture of creat(in)e and L-phenylalanine using a modified Gross-Greuter methodology. PhIP absorbs maximally around 315 nm, so fractions of the sample were collected to separate peaks around this wavelength; fractions were collected at 0-3 minutes, 3-6 minutes, and 6-9 minutes. The fractions were rotary evaporated and then weighed before analysis using the Ames mutagenicity assay.



#### Ames Mutagenicity Assay

The mutagenicity of the burned samples and fractioned isolates were determined using the Ames test. Generally, a strain of *Salmonella* unable to synthesize histidine is grown on a histidine-lacking medium with or without the suspected mutagen. Growth of bacteria on this medium is indicative of a genetic change which allows bacteria to synthesize histidine *de novo*; colony-forming units (CFUs) found after incubation were referred to as revertants (Figure 3). Subsequently, a significant increase in the rate of successful bacterial growth – rate of revertants – in the presence of

the suspected mutagen compared to a control signifies mutagenic activity of the sample. Furthermore, mutagenic activity should be dose-dependent in small amounts.

S-9 activated *Salmonella* TA98 was incubated for 48 hours in *his*- medium with or without the extracted sample or isolated fraction dissolved in methanol at a known concentration. Counts of revertants per gram amounts of sample added per plate were measured by manually counting CFUs after the 48-hour period. The mutagenicity of a given sample was determined in triplicate. The Ames test was performed not only on an aliquot of the sample directly after the extraction method, but also on each of the fractions collected from the PrepHPLC.

# PRS Column Regeneration

The Bond-Elut column used for the PRS extraction after burning is sold intended for single use, and thus does not come with instructions on cleaning and regeneration between extractions. Furthermore, when used without any regeneration or rinse method, significant differences in HPLC/UV-Vis spectroscopy in samples between consecutive extractions demonstrate a lack of consistency. Thus, the columns either must be thrown out after a single use – a relatively expensive practice – or a consistent washing method be implemented. A secondary goal of this research project was to design and implement a column regeneration method which would allow consistent reuse of the column.

1.000 mL of a 10.0 mg/mL solution of PhIP in methanol was loaded onto the PRS column. The column was eluted using 10 mL 10% ammonium hydroxide in methanol solution. The first 2 mL of eluent were collected and rotary evaporated and then weighed after filtration using a syringe filter. Then, 5 mL of 1 M HCl was then used to rinse the column slowly to regenerate the cation-exchange beads, and the extraction procedure was repeated on the regenerated column. HPLC was used to demonstrate the presence of PhIP in the eluent, and the mass of the extract was compared between extraction procedures to ensure that the regeneration process did not decrease the efficacy of the column between extractions.

#### Creatine and L-phenylalanine Burning

The reaction between creat(in)ine and phenylalanine at high temperatures is a well-characterized reaction and yields PhIP under a wide range of conditions (Manabe et al, 1992). Thus, the burning, extraction, and HPLC methodology with a reduced, 40  $\mu$ L injection size was performed burning a 1:1 molar ratio of 2 mmol creatine and L-phenylalanine in otherwise identical conditions. This reaction was analyzed to determine the viability of our methodology, and provide a crude baseline for the burnings between L-arginine and L-threonine. No fractions were collected from the PrepHPLC, instead, 1.000 mL of each sample were spiked with a 500  $\mu$ L aliquot of a 100  $\mu$ g/mL PhIP in methanol, and the PrepHPLC procedure was repeated. The UV-vis light absorption was measured around 315 nm and 4.0-minute retention time for both the unspiked and spiked samples, and the absorbance values for the unspiked samples were compared after correcting for sample dilution in the spiked samples.

#### Results

Creatine and L-phenylalanine Burning

Four samples were prepared from the reaction between approximately 2 mmol creatine and L-phenylalanine. For each sample, both the first 2 mL and last 8 mL of effluent from the PRS column was analyzed by PrepHPLC. "A" samples were derived from the first 2 mL of effluent off the PRS column, while "B" samples are derived from the last 8 mL of effluent off the PRS column. The absorbance at 315 nm and a retention time of approximately 4.0 min for both the spiked and unspiked samples are listed in Table 1. The absorbance of the unspiked samples were corrected by decreasing the value by a factor of 1.5, equivalent to the dilution factor of the samples upon spiking. Assuming the linear relationship between absorbance and concentration holds for the concentrations of PhIP observed in these samples, the concentration of PhIP in the original samples — the 2 mL and 8 mL aliquots after extraction — was found by solving

[1] 
$$A = \epsilon cl$$
;  $\frac{A_{spiked}}{A_{unspiked}} = \frac{[PhIP] + 100 \, \mu g/mL}{[PhIP]}$ ; [PhIP] in  $\mu g/mL$ 

and then correcting for the volume of the original sample in either "A" or "B" samples – 2 mL or 8 mL. The mean concentration and standard deviation of PhIP in "A" samples derived from the first 2 mL of effluent from the PRS column was  $26\pm13~\mu g/m$ ; the mean concentration and standard deviation of PhIP in "B" samples derived from the last 8 mL of effluent was  $13\pm1~\mu g/mL$ .

Table 1: Absorbance of spiked and unspiked creatine and L-phenylalanine burn samples, and calculated concentration of PhIPl.

	Unspiked Absorbance /AU								
1	Initial Corrected		Spiked Absorbance /AU	[PhIP] $/\mu g \text{ mL}^{-1}$					
4A	0.03	0.02	0.05	33					
5A	0.01	0.01	0.04	10					
7A	0.03	0.02	0.05	33					
6B	0.04	0.03	0.05	14					
4B	0.03	0.02	0.04	13					

PRS Column Regeneration

PrepHPLC analysis confirmed the presence of a peak within the extracts from the PRS column after the novel regeneration technique at 315 nm and a retention time of approximately 4.0 minutes. Both the 0-2 mL and 2-8 mL extracts possessed this peak within their UV-vis light absorption spectrum. This peak matches the characteristic peak UV-vis light absorption of PhIP. Since the data does not display a downward trend, indicating a loss of product throughout the consecutive extractions, the coefficient of variance (COV) of the mass of the dry extract was used as a normalized measurement of the collected deviation of a data set from its mean; in other words, the COV is an index of the variation within the data set, and is a good indicator of statistical consistency. The COV was determined separately for the set of extracts from the first 2 mL and the last 8 mL of effluent by dividing the standard deviation value by the mean value for each set respectively. The data collected, as well as the coefficient of variance is listed in Table 2. The observed COV for the dried extract from the first 2 mL of effluent is 0.2689, whereas the observed COV for the dried extract from the last 8 mL of effluent is 0.3519. A significant portion of the inconsistency observed is due to the small mass amounts of PhIP used to test the column; for increasingly small values, equal variances dues to instrumental error introduce increasingly larger amounts of relative error. However, the observed COV values, combined with the HPLC analysis, indicate that PhIP is being extracted from the column appropriately, and that

rinsing the column with 1 M HCl is an effective regeneration method which allows limited column reuse.

Table 2: Mass of dry extract from the PRS column from either the first 2 mL of effluent, or the last 8 mL of effluent. Seven total trials are performed. The mean values, standard deviations (StDev), and coefficients of variance (COV) are shown.

	Mass Dry Extract /g			
	0-2  mL	2-8  mL		
Trial 1	0.0092	0.0099		
Trial 2	0.0030	0.0086		
Trial 3	0.0098	0.0015		
Trial 4	0.0081	0.0076		
Trial 5	0.0092	0.0091		
Trial 6	0.0096	0.0088		
Trial 7	0.0096	0.0066		
	1			
mean	0.0084	0.0074		
StDev	0.0022	0.0026		
COV	0.2689	0.3519		

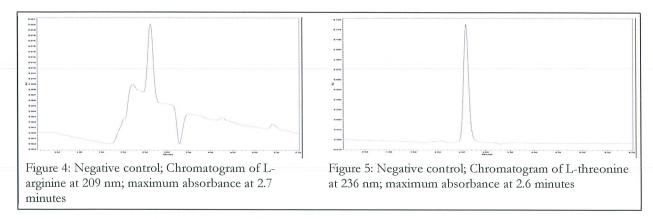
### L-Arginine and L-Threonine Burning

Three arginine-threonine burn samples were produced. The mass of reagents used, the extraction yield, the mass of the sample analyzed by HPLC, and the mass of each fraction produced are listed in Table 3. The extraction yield was approximately 0.3%; the mass of each fraction was between 2.9 mg and 18.9 mg, which accounted for only 0.01% to 0.06% of the original mass of the reagents. Much of the reactive material either remained unreacted and was correctly discarded, or perhaps did not react and was incorrectly removed by conservative or improper extraction methods.

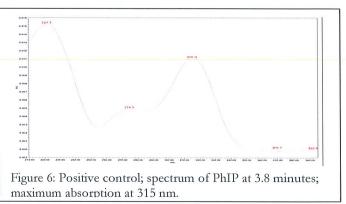
Table 3: Reagent mass and yields for burnings, extraction, and fractions of L-arginine and L-threonine.

	Reagent Mass /g		Extraction Mass Analyzed by		Fraction Mass /g		
	L-arginine	L-threonine	Yield /g	PrepHPLC /g	0-3 min	3-6 min	6-9 min
Burn 1	17.410	11.912	0.1551	0.01449	0.0105	0.0189	0.0107
Burn 2	17.437	11.920	0.1098	0.01112	0.0029	0.0056	0.0165
Burn 3	17.426	11.937	0.1002	0.01120	0.0041	0.0062	0.0033

PrepHPLC analysis was performed on several negative controls. The methanol solvent control had no significant peaks above 200 nm. The L-arginine control, Figure 4, had a maximum absorption at 209 nm and a retention time of 2.7 minutes; the L-threonine control, Figure 5, had a maximum absorption at 236 nm and a retention time of 2.6 minutes.



PrepHPLC analysis was also performed on a positive control. A 10 µg/mL solution of PhIP was analyzed, and had a maximal absorption at 315 nm and a retention time of 3.8 minutes (Figure 6). Even though PhIP may not be found in the samples of burned L-arginine and L-threonine, any novel HCA should have a similar molecular profile, and should have a UV-vis light absorption profile and retention time similar to a known HCA.



PrepHPLC analysis of each of the burn samples demonstrated the presence of large amounts of unreacted amino acids in the burn samples, as well as an unknown compound with maximum absorbance around 283 nm and a retention time of 3.6 minutes (Figure 7). By taking fractions at 0-3 minutes and 3-6 minutes, the sample was roughly separated into unreacted amino acids – appearing in the fraction from 0-3 minutes, and the unknown compound – appearing in the fraction from 3-6 minutes. Each fraction was then analyzed for mutagenicity using the Ames mutagenicity assay.

The Ames mutagenicity assay was performed on all 9 fractions and on the 3 burn samples before HPLC analysis. Each assay was performed either in duplicate or triplicate at low and high dosages. The number of revertants observed for each sample at each dosage was measured, and compared to a negative solvent control and a PhIP positive control. Figure 8 displays the results of the Ames assay. None of the fractions collected displayed any significant increase in mutagenicity above the negative control. To reject the null hypothesis that the fractions collected alter the mutagenicity from the solvent negative control, a two-tailed, two sample equal variance t-test was performed, comparing the observed revertant rate of each sample set to the revertant rate of the negative solvent control. p-values range from 0.05 to 0.85; no sample set yielded a p-value less than 0.05; no sample demonstrated a significant increase in mutagenicity above baseline. Therefore, at the concentrations tested, the unknown compound does not have mutagenic activity towards TA98 Salmonella.

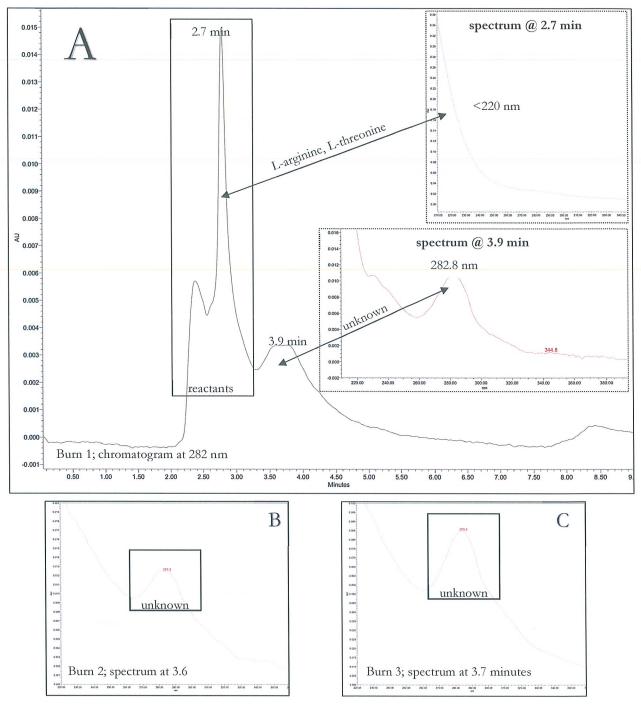


Figure 7: A) Chromatogram of burn 1 at 282 nm; insets: burn 1 spectrum at 2.7 minutes, demonstrating the increasing absorbance below 220 nm due to unreacted amino acids; and burn 1 spectrum at 3.9 minutes, demonstrating the peak at 282.8 nm attributed to an unknown. B, C) Similarities in the UV-vis light absorption spectra of burns 2 and 3 at retention times 3.6 minutes and 3.7 minutes respectively, demonstrate the presence of unknown within these samples as well.

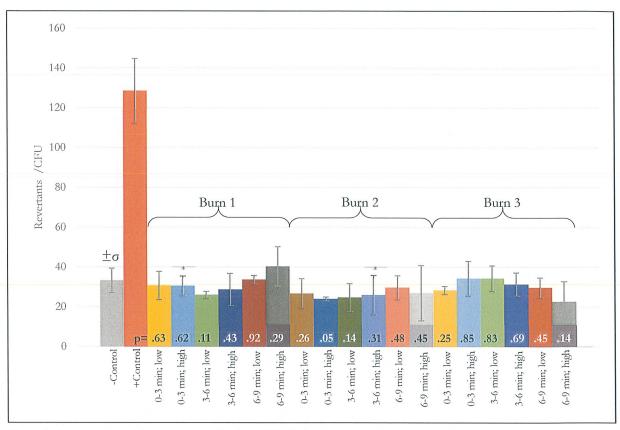


Figure 8: Ames mutagenicity test results for the 9 HPLC fractions. Results are grouped by burn, then by fraction. Results for both low and high dosages are shown. Asterisks denote results performed in duplicate instead of triplicate. p-values comparing the samples to the negative control are displayed at the base of each column

#### Conclusion

Burnings of creatine and L-phenylalanine resulted in the formation of PhIP, validating our research methods. A positive control guaranteed that heterocyclic amines can be formed by our methodologies. This has been confirmed by several other researchers, using similar methods (Manabe et al, 1992; Pais et al, 1999). Furthermore, the amount of PhIP formed was enough to be detected by PrepHPLC, despite incredibly low burn yields. Thus, the methodology should be specific enough to determine the presence of a chemically similar novel heterocyclic amine from burnings of another binary amino acid mixture, but may not be sufficient to determine the molecular structure of the unknown. Future work should include modifications to the methodology to ensure a greater yield to prevent excessive waste of reagents.

PrepHPLC analysis of the burned binary amino acid mixture L-arginine and L-threonine demonstrated the presence of both unreacted amino acids arginine and threonine and an unknown compound eluting from the column at around 3.8 minutes, and absorbing maximally at 282 nm; a UV-vis light absorption profile significantly different than PhIP. However, the compound is likely chemically similar to PhIP, since both the unknown compound and PhIP were extracted from the burned samples using the same methodology, and both have similar retention times on the same column with the same mobile phase and flow rate.

Although Knize et al. observe nearly 3200 revertants/mmol, a significant mutagenic activity, in the products of burnings of L-arginine and L-threonine when tested using the TA98 Salmonella Ames assay at doses between 0.2 and 0.4 mmol/plate, our results disagreed with their observations (1994). A lack of significant difference between the samples tested and the negative solvent control, as well as a lack of dose response indicated that at the concentrations tested, neither the unreacted amino acids nor the unknown compound possessed mutagenic activity towards TA98 S9 activated Salmonella. However, that is not to say that the unknown compound is not at all mutagenic. The majority of HCA's are known to cause frameshift mutations (Alaejos &Afonso, 2011). Despite this, Knize also reports a significant, but much smaller, mutagenic activity for the burned products of several binary amino acid mixtures using the TA100 strain instead. The TA100 Salmonella strain is a G:C  $\rightarrow$  A:T sensitive strain (Knize et al, 1994; Koch et al, 1994). Performing the Ames test using a different strain of Salmonella may demonstrate that the unknown is indeed mutagenic, simply not towards the frameshift-sensitive TA98 strain. Increasing the dosage may also demonstrate the presence of mutagenicity; it is possible that the current doses are below a threshold for mutagenic activity.

No further analysis was performed on the extracts because no mutagenic activity was discovered. If future work leads to the discovery of mutagenic activity within the 3-6 minute fraction containing the unknown compound absorbing at 283 nm, further steps towards isolation and purification should be taken. PrepHPLC or UltraHPLC analysis can be repeated using a modified mobile phase to achieve greater separation, and techniques such as IR and NMR may be used to elucidate a chemical structure (Chen et al, 2017; Hu et al, 2005).

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