

6-2010

2010 June-Newsletter

Nancy Rockey
info@fixablelife.org

Follow this and additional works at: <https://digitalcommons.andrews.edu/life-renewal>



Part of the [Counseling Commons](#)

Recommended Citation

Rockey, Nancy, "2010 June-Newsletter" (2010). *Life Renewal Archive*. 42.
<https://digitalcommons.andrews.edu/life-renewal/42>

This Book is brought to you for free and open access by the Institute of Church Ministry at Digital Commons @ Andrews University. It has been accepted for inclusion in Life Renewal Archive by an authorized administrator of Digital Commons @ Andrews University. For more information, please contact repository@andrews.edu.



“It’s not flesh and blood but the heart which makes us fathers and SONS.” ~Johann Schiller



June 2010

Volume 41

Inside this issue:

<i>Editor's Corner</i>	1
<i>Are You Prepared...?</i>	1
<i>Words to Ponder</i>	2
<i>Exciting News</i>	4
<i>Comings & Goings</i>	5
<i>Belonging</i>	5
<i>Comments</i>	6
<i>Upcoming Live Events</i>	7
<i>Order Form</i>	8

Editor's Corner

Here we are at the end of June already and I don't have this newsletter done and out to all you faithful readers. Time seems to run me over lately with way to many things to do and not enough time to get them done.

It has become necessary for me to cut some activities out for awhile in order for everything else to become manageable. However, I've stubbornly held onto editor of this newsletter as I have so enjoyed putting it to-

gether each month, connecting with all of you and working with and learning from Ron and Nancy on a more personal level.

As much as I have loved all of this, it has come time to turn the reins over to someone who will enjoy it as much as I do and will do an excellent job.

Please welcome Karen Griffith as the new editor for the Fixable Life Newsletter starting with

Happy Father's Day

the July issue. (more info about Karen and her husband, Eric in the "news" section.)

I would still enjoy hearing from any of you and will be keeping in touch with Ron and Nancy on ways I can help out as time permits.

Audrey Woods
audrey@yourlri.com



Are You Prepared for the Wedding?

“Any man can be a father. It takes someone special to be a Dad.”

~Anonymous

June is quite a popular month! It used to be that many graduations were held in the month of June after school ended just before Memorial Day at the end of May. It has become the most popular month for weddings too, and I have often wondered why that is. So when in doubt, look it up on the web or in some encyclopedia. This is

what I discovered:

“According to ancient Druid legend, the gods and goddesses celebrate the coming of Spring with fertility rituals and mating during the fires of Beltane in May. Since it was unlucky to compete with these important deities, most couples planning a Spring wedding pushed out their celebrations to June, thus not angering the gods. Roman legend has it that Juno was the

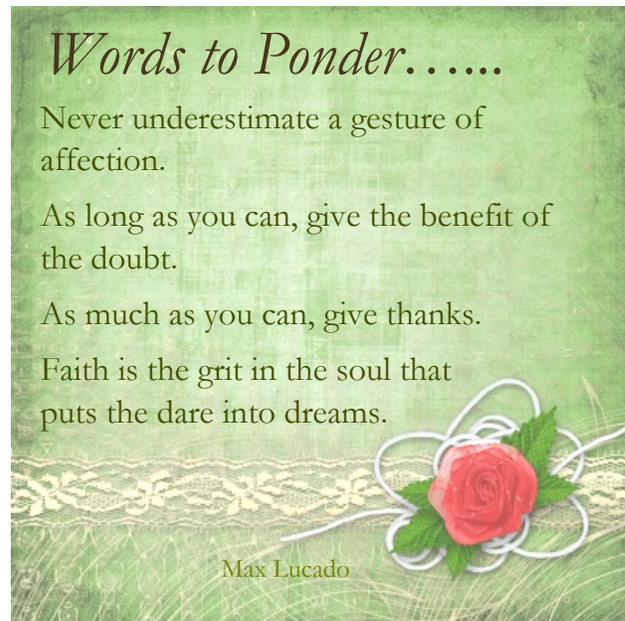
goddess of marriage so couples got married in June to honor her. Other legends mention that people took their annual bath in May, so in June were still relatively 'fresh!' (WHAT?) Whatever the reason, June remains one of the most popular months to marry.”

Funny isn't it, how we choose when to “tie the knot?” I for one, wanted a winter wedding,

and didn't care what month, just so long as there was snow on the ground. Just like every other young lass, I had my wedding party already planned and pictured in my mind, even with no groom in sight!

I remember it well. When I was in nurse's training at the New England Sanitarium and Hospital, as it was then named, the local Stoneham Church was pastored by a man who had been my pastor as a young child, the clergyman who had baptized me, and who I dreamed would also perform my wedding ceremony. I frequented that church because "Uncle Joe and Auntie Hazel" were there, and then I would go home with them for lunch. Sometimes the trio I sang in would be "special music" for the church service, another great excuse to visit the church I thought was so beautiful and would be the sanctuary where my wedding would take place. It was decorated in shades of blue velvet, and I loved it so. I pictured my attendants in shades of blue velvet, and myself in white velvet. We would have white fur muffs with holly and red roses and white fur head pieces to match. The men would wear tails and striped mourning pants and four-in-hand ties. I had, what you would call, a neat little package, all planned. And of course, I even had at least part of the menu planned for the reception. Because it was winter and cold, we would have "Boundry Castle Soupe," a favorite of the student nurses, made by Mr. Wortman, our favorite chef.

So, did my well planned package ever get opened? Was that the way our wedding went? Absolutely not! Instead, because I had met Ron, the man of my dreams, things got literally turned upside down! Ron was going to start college in September of 1965 at Andrews University, and he wanted me to go with him. He had asked me to marry him and when I told him of my dream for a winter wedding that didn't go over well! That was in April and December or January were a long way off. Anyway, school would mess up wedding planning and certainly a honeymoon. So . . . we got married on the hottest day of the year, August 15, 1965, in New London, Connecticut where 200 people crowded into a church that sat 150! The only part of the dream that came true was the clergyman who performed the ceremony and the man of my dreams! The attendants wore pale green and yellow chiffon, small, filmy picture hats, and carried long-stemmed yellow roses. I wore a short sleeved organza gown and carried a bouquet that was a replica of my grandmother's wed-



ding bouquet. The men did not wear tails, but they did wear striped slacks – and their outfits were wool – poor things! How did I know that when I ordered them?

Isn't it strange how young women dream and picture and plan for the "biggest day of their lives" when they walk down the aisle as Mrs. Something or other, but they neglect to **prepare** for that day more important than any earthly event, except the day they give their hearts to Jesus Christ?

Why don't we teach our young men and women how to prepare their minds and hearts for marriage? Oh, we may give them that famous talk about sex, and we may even send them to a pastor who will tell them to never go to bed angry at each other, to always put a percentage of their income in the bank, to plan for the birth of their children, to pray together daily, to attend church together, etc., etc. But seldom do we give them the privilege of a personal "knowing" of themselves and how to communicate who they are and listen well to their mates. Most couples even marry before their brains are completely developed (that happens at about age 28 for a guy and 26 for a gal.)

A study of the Word of God will make something very clear about human beings. We will come to recognize that the greatest detriment to a great marriage is self – self on the throne – selfishness. "I want what I want, when I want it," is the attitude with which we enter the holy alliance with another human. When both enter that contract, that commitment with each other, with that attitude, great turmoil ensues!

"An angry father is most cruel towards himself" ~Publilius Syrus

Some men enter marriage having had an unholy alliance with their mothers, and domestic violence is the result. Somehow, when these men marry, they place their wives in the position of “mother” and they take out on their wives what they would like to have done to their mothers, but did not because the God-given software in their computer-like brains tells them that they must “honor their mothers and fathers!” Some women enter a marriage having had a harsh, abusive or absent father, and they automatically assume that their husbands will be just like their fathers, and believe it or not, they often are! WHY? Because we tend to marry our emotional equals – what and whom we are used to! Some girls were their Daddy’s princesses, and as a result, they expect their husbands to treat them like princesses – do for me, wait on me, buy it for me! If a young man had a “surrogate partner” relationship with their mothers, and were treated like a prince, they will expect their wives to do like Mommy did – wait on me, adore me, put up with anything I dish out.

“Oh my goodness,” you might say, “aren’t there any great marriages?” The answer to that would be “YES!” And in most cases, those are the marriages where husband and wife really work on themselves to make sure that they are prepared to offer to their mates, the very best possible! They create the great marriages rather than allow their past to dictate it. Many say that marriage is 50/50, but we believe that this is a gross under-exaggeration. Marriage is 100/100! Each gives 100 percent. Does that mean that husband and wife never care for themselves? Does wife never get to go to the beauty parlor or buy a new dress? Does husband never get a new tool or have the privilege of going fishing? Of course not! The way it works, is that each makes allowances for the other.

In today’s world, most couples both work at careers outside the home. Often that’s necessary after the children are gone to school during the day. So how does that work then when they get home from their jobs? Hubby helps to fix dinner, do the dishes, throw in a load of laundry, vacuum the house, clean the bathrooms or . . . And wife helps with the chores that would normally fall to the husband. She helps with house painting, repairs that need doing, gardening, cutting the lawn or perhaps shoveling the snow. In other words it’s a team effort.

You know, as you have heard us say before, the body works together as a team. Each organ has its own responsibility, yes, but each organ supports others to do their responsibility well too. Each works at 100 percent! Without the brain, the heart would not beat, sending life-giving oxygen to the body, the lungs would not breathe, also distributing oxygen, the liver would not make and store blood, the kidneys would not filter waste, etc.

As a result of the enemy’s agenda, each person is wounded in one way or another. When such a wound takes place, early on in life, either in the womb or after birth or both, two vital organs of the body begin to separate – the brain and the heart. No more team work! Our wound(s) cause us to feel the need to control our survival, so we choose the brain and there, dream up survival techniques that we think will cause us to survive. Some of these techniques end up being detrimental to us – addictions such as alcohol and/or tobacco consumption, workaholism, over or under eating, sexual addiction, religious addiction etc., shopping, hoarding, being in control. Often these addictions take precedence over our relationships, even our relationship with God or spouse. More of self! They become a dividing wedge between husband and wife, between parent and child. The determined need to survive with the use of these techniques, blinds us to the needs of others. We are busy living out of the brain, without the input of love from the heart. Our focus becomes on satisfying self rather than on the commitment we made to “love, honor, cherish, etc.”

Free DVD

An introduction to *Binding the Wounds*, and *The Journey* with a sample clip from each segment of *The Journey*.

It is great for use in explaining to someone what these programs are all about.

To get your **FREE** copy, send your mailing address to Rockeys@itsfixable.com.

Subject line— “Free Intro DVD”.

Often we wonder what the next generations will be like in their marriages. At our age, Ron and I are seeing marital difficulties escalating at an alarming rate. We watch children and teens today, talking on cell phones, listening to iPods, playing video games, listening to rock and roll and not doing much communicating with parents or anyone else, except conversations on the cell phones with their chums. It seems to be all about “I want” and “gimme” and very little about learning empathy, compassion and responsibility. Take these young people into a marriage and what will you have? Who is teaching the youth of today how to look at a situation and know what they should contribute to benefit someone else? Who is teaching them to look at what needs to be done around the house so that it’s clean and tidy and a comfy place for family and friends? How many children and teens do you know who will just pitch in and help without being asked or told what to do? How many children do you know that when asked to help will do so willingly? Picture this in a marriage. What do you think the marriage would be like?

Maturity is a step by step process, but the process begins in the womb. First we learn to trust – or not. Then comes autonomy, the ability to make decisions; to govern oneself. Then comes initiative- the ability to look at a situation, know what needs doing and get to doing it. WOOPS! Often we get stuck here, and believe it or not, all this should be accomplished before children start school! Then comes industry – the ability to work. (Elementary School years) Then identity (“who am I as different and separate from my parents?”) Identity happens in the teen years. If these virtues have not been developed, how are we equipped to be married?

In Ephesians, Chapter 4, often a chapter we encourage people to read, to study to adhere to, we are encouraged to “grow up!” The chapter ends with the admonition to “not grieve the Holy Spirit – to get rid of” Check it out. We speak of II Corinthians 13 as the “Love Chapter” of the Bible, and that’s all well and good, but perhaps we ought to consider Ephesians, Chapter Four to be the “Preparation for Marriage” chapter.

So Parents, Pastors, Brides and Grooms, as you help to prepare others or yourself for the great wedding day, when “the two shall become one,” please consider that each bride and each groom should first become . .

. . . Begin the process of self-examination, of getting rid of all the stuff listed in Ephesians 4:30, so that two whole people can create one whole marriage. How much more important is fulfilling that dream than fulfilling the dream of a “shades of blue velvet” wedding. Regardless of the colors worn by our attendants, or the place of the wedding or the menu for the reception, we would be better to concentrate on fulfilling God’s dream for us. If we did that, our marriages would be made in heaven, AND . . . we would be better prepared as the Brides of Christ on that Great Day when Jesus comes to claim us as His own, to be One with Him for eternity.



Exciting News

On June 17, 2010, Karan and Eric Griffith, a vibrant and exciting couple who were “brands plucked from the burning,” arrived in Ruidoso. They came to help us and to be mentored!

In January of this year, we went to Fairbanks, Alaska to present a seminar for the Fairbanks Church and the surrounding community. Karan and Eric had moved there from the greater Denver area several years ago, and were actively involved facilitating *The Journey* in several groups. (Currently the church has nine (9) groups going through various segments of *The Journey*.) Our seminar there was successful and that’s when several of the 9 groups were formed.

On Monday evening, after dinner with the pastoral couple and the Griffiths, Karan and Eric said they wanted to chat with us for a bit. It was in that “chat” that they disclosed their desire to be mentored. WHY?

Karan and Eric have had major life transformations. Their changes began with a *Binding the Wounds* seminar or two, a seven-day *EIDO* experience and then getting actively involved in facilitating recovery for male and female small groups. We will tell their story and show a picture of them in a subsequent newsletter.

Comings and Goings

Somehow we can't recall if we had announced to our readers that our *Binding the Wounds* series is on television in El Paso, Texas, but it has been broadcast in both English and Spanish on Channel 38, KSCE, a Christian Television Station and on DISH TV. KSCE reaches into Juarez, Mexico and out as far as Las Cruces, New Mexico and north as far as Alamogordo, NM.

Our association with this station and its Manager, Grace _____ began about a year ago, when Ron was calling around the area endeavoring to find a place to do some videotaping – a studio. One phone conversation led to a trip to El Paso, and before we knew it, we were invited to air the videos from *Binding the Wounds* there.

As a result of that association, we began doing some consulting with folk related to the station, and through them we were invited to do a seminar in El Paso. So on May 14 and 15, we conducted the "WHY?" seminar at the Open Gate Nazarene Church. In attendance were several folk who had heard about the seminar on KSCE and who had been viewing the *Binding the Wounds* series on television.

Through our El Paso contacts, *The Journey* is now being offered in several small groups in the El Paso Anglican Church, which has a congregation of about

1000. This came to pass when we were invited to present information about *The Journey* to the pastoral staff of that church. Then on April 30th and May 1st, we conducted a retreat for the Anglican Church's staff here in the mountains of Ruidoso.

While in El Paso for the "WHY?" seminar, we also had a luncheon meeting and training for facilitators at the Anglican Church. So El Paso, Texas has been contacted with the message of Hope and Healing, thanks to the generous donations of a few folk who regularly support this ministry. Our great thanks to you.

NOW, we have been asked by KSCE to prepare a series on Marriage for broadcast. They would like us to do this at their studio with a live audience, so of course there will be a cost to us for this project. We solicit your support for the filming of these programs. We will be allowed to produce these videos so that they can be used also on the HOPE Channel, which also broadcasts our *Binding the Wounds* series.

We have presented a Marriage Seminar entitled "Heart Connection" at the Glendale Adventist Church in Glendale, AZ, and a mini version will be presented in June at the Texico Conference camp meeting in Albuquerque, NM. Currently we are in the project of creating a book/workbook and formulating the coordinating material for the accompanying videos. This series will be able to be used by engaged or married couples in their homes to prepare for or enrich/repair their marriages. Watch for it to be completed by early fall.

We have now been asked by the Czech Republic to send this project to them ASAP so that they can translate it into their language for publication and distribution there.

Please pray for us that God will grant His wisdom and strength as we face these multiple responsibilities in the next couple of months. Your financial help will also be appreciated. Donations can be made to: **Fixable Life, Inc. P.O. Box 1062, Alto, NM 88312**, or donate online at <http://www.fixablelife.com>.

MP3 DOWNLOAD NOW AVAILABLE

"Belonging"

Click Here

\$24.99



Donate



Comments



I thank you again just now for being Spirit-led agents of wholeness who entered my world in 1999! I remind myself often that understanding and healing are gifts of Jesus that came through <your> transparency. I praise God daily for His gifts of acceptance, power, and freedom. Oh yes, we held a BTW seminar with your DVDs in our church. A 70-yr-old widow was the star of that series. Having never, ever heard her mother say "I love you," she found mother acceptance in God's love and healing power for her emotional pain. She died shortly after--a beaming giant of a disciple of Christ. ~Ken

Schedule of Live Events 2010

- July - Aug.** Reserved for writing and filming
- Sept. 4 - 5** Springfield, Illinois - *Why?* - Family Life Center, 3300 Jefferson St. 10a– 6p, lunch served both days. Cost - \$50/person. (**register at 217-494-1873**)
- Sept. 25 - 26** Event Pending
- Oct. 2 - 3** Simi Valley, CA - SDA Church - *Why?* - Details next month
- Oct. 9 - 10** Willits, CA - details next month
- Nov. 6 - 7** Event Pending
- Dec. 4 - 5** **Available**

2011

- Jan. 8 - 9** **Available**
- Feb. 12 - 13** Portland, OR - "*Heart Connection*"



Ron and Nancy are available for live seminars in your area. The seminars are typically 12—18 hours in length and are usually held on a weekend. They travel internationally, and prefer to work in a classroom setting. Their unique style includes team lecturing, interacting with each other and the audience and modeling healthy conflict resolution. If you would like to have Ron and Nancy present a weekend seminar in your area, please contact Rockeys@itsfixable.com



"A truly rich man is one whose children run into his arms when his hands are empty." ~Unknown -

Who to Contact

Editor:
Audrey Woods
audrey@yourlri.com

Product Orders:
Chana Kostenko
888-800-0574

General Info:
info@fixablelife.com

Planning a Live Seminar:
Rockeys@itsfixable.com
575-335-1075

Primary Business Address
PO Box 1062
Alto, New Mexico 88312



You Can "Fly" with FLI

Life . . . It's Fixable is a 501-C3, Educational, not-for-profit corporation. Our team offers educational information and processes to enhance life for those who have been traumatized, abused and live with daily dysfunction or unhappiness. We offer an alternative to psychotherapy, helping people to repair and take control of their thoughts, feelings and behaviors, thus enhancing careers, relationships and personal joy.

"I promise to guide you in the best pathway for your life. You can be assured, I will not abandon you" ~ Jesus

Blog address: <http://www.fixablelife.blogspot.com>

Name _____

Address _____

Phone _____ Email _____

[] Visa/Mastercard # _____ Expiration Date _____

[] Check Attached # _____ Security Code: _____

Orders over \$100 = free shipping - or - add \$6 for first item and \$2 for ea. Additional item

Title	Qty.	Price ea.	Total	B/O
BOOKS				
Belonging - Drs Ron and Nancy Rockey		\$12.99		
Bold Love - Dr. Dan Allender		\$13.99		
Boy Who Was Raised as a Dog - Dr. Bruce Perry		\$15.95		
Breaking the Cycle of Divorce - John Trent		\$19.99		
Changes That Heal - Dr Henry Cloud		\$12.99		
Changes that Heal – Workbook		\$12.99		
Chosen - Drs Ron and Nancy Rockey		\$12.99		
En Casa – Belonging (Spanish edition)		\$12.99		
For Men Only - Shaunti and Jeff Feldhahn		\$14.99		
For Parents Only - Shaunti Feldhahn		\$14.99		
For Women Only - Shaunti Feldhahn		\$14.99		
For Young Men Only - Jeff Feldhahn & Eric Rice		\$13.99		
For Young Women Only - Shaunti Feldhahn		\$13.99		
Freedom from the Grip of Fear - Dr Norman Wright		\$12.99		
Gift of Forgiveness - Charles Stanley		\$12.99		
Healing the Scars of Emotional Abuse - Dr Gregory Jantz		\$12.99		
Hearts Code - Paul Pearsall		\$14.95		
Heart Speaks - Dr Guarneri		\$14.00		
His Needs – Her Needs - Willard E Harley		\$19.99		
His Needs – Her Needs (audio book CDs)		\$39.00		
His Needs – Her Needs (audio book Cassettes)		\$24.99		
Inside Story - Heartmath Institute		\$5.95		
Invisible Bond - Barbara Wilson		\$12.99		
Lies at the Alter (Paperback) - Dr. Robin Smith		\$14.99		
Loving Your Child too Much - Dr Tim Clinton		\$21.99		
Magical Child - Michael Mendizza and Joseph Clinton Pearce		\$15.00		
Magical Parent – Magical Child - Author same as above		\$17.95		
Managing Emotions - Heartmath Institute		\$9.95		
New Brain - Richard Restak M.D.		\$15.95		
Nurturing the Unborn Child - Dr Thomas Verny		\$15.95		
Parenting the Heart of Your Child - Diane Moore		\$13.99		
Pre-Parenting – From Conception - Dr. Thomas Verny		\$14.00		
Sheet Music - Dr Kevin Leman		\$12.99		
To Be Told - Dr. Dan Allender		\$13.99		
To Be Told – Workbook		\$11.99		
Unbreakable Bonds - Drs Cheryl and Paul Meier		\$16.99		
Why You Do the Things You Do - Dr Tim Clinton and Gary Sibcy		\$13.99		
Wounded Heart - Dr Dan Allender		\$16.00		
Wounded Heart - Workbook		\$15.99		
Subtotal of Books (enter on reverse side)				

	Title	Qty.	Price ea.	Total	B/O
Audio/Visual - Authors Drs Ron and Nancy Rockey					
	22 Week Notebook - Binding The Wounds		\$25		
	22 Week Notebook in Spanish - Binding The Wounds		\$25		
	22 Week Small Group – BTW (English) – DVD + 2 Notebooks		\$249		
	22 Week Small Group – BTW (Spanish) – DVD + 2 Notebooks		\$249		
	Binding The Wounds – CD – audio seminar		\$99		
	Binding The Wounds – DVD – video seminar		\$199		
	Connecting – CD		\$89		
	Created for Success – DVD – with 2 workbooks		\$199		
	Journey to NAI – facilitator copy		\$35		
	Journey to NAI – student copy		\$10		
The Journey Small Group Recovery Program - Authors Drs Ron and Nancy Rockey					
	Passenger Lesson Guide DVD		\$149		
	Passenger Notebook		\$49		
	Mode Lesson Guide DVD		\$149		
	Mode Notebook		\$49		
	Route Lesson Guide DVD		\$149		
	Route Notebook		\$49		
	Destination Lesson Guide DVD		\$149		
	Destination Notebook		\$49		
	RING BINDERS (with purchase of The Journey Notebook)		\$0		
Misc.					
	Macaroni Pin		\$4		
Subtotal of Audio/Visual and The Journey Program					
Subtotal of Books (from front)					
TOTAL					



**Life
Renewal
Institute**
251 Stenton Avenue
Plymouth Meeting, PA 19462