

2-2010

## 2010 February-Newsletter

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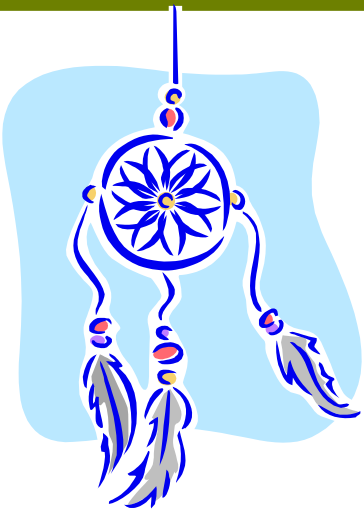
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# Native American Ministry



On March 20th, Ron and Nancy will be presenting a mini-seminar at the Native American Camp Meeting, Maricopa County, Arizona, 80th and Baseline at the SDA Campus.

Native Americans will come to this event from Utah, Arizona and New Mexico. Following the seminar, these dear people will need materials to begin *Binding the Wounds* in their respective areas. In this poorer than normal economy, Native Americans suffer great financial difficulties, and while Fixable Life can supply workbooks at a somewhat reduced rate, still many who could benefit will not be able to take advantage of a small group in their area due to lack of finances.

If you have a love and concern for the first Americans, won't you consider sending your contributions to:

**Fixable Life, Inc.  
Native American Project  
P.O. Box 1062  
Alto, New Mexico**

Ron and Nancy are doing this seminar free of charge with a contribution that will pay less than 1/2 of their expenses for the trip. They have worked with Native Americans before at Monument Valley, Utah, Chinle, AZ and Holbrook Native American School in AZ. Rockeys have a great love for this very dear and talented group of people.

*Fixable Life, Inc is a 501-C3. Donations are tax deductible.*

*You will receive a receipt. If you send a check, be sure to mark it -*

*"Native American Ministry."*





“If you continue to do what you’ve always done, you’ll continue to go where you’ve always gone.”



February 2010

Volume 37

## Editor's Corner

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As of June 2009, Miss Emma Wortham retired after 43 years as an Elementary Ed teacher. I was privileged to have her as my teacher in 2nd grade near the start of her career. Miss Wortham took a special interest in each of her students. She had a knack for listening to what you had to say as if you were the most important person in the world at that moment.

Even though she was my

teacher for just one year, we kept in touch over the years. 30+ years later when things weren't going so well for me, I stopped responding to others attempts to contact me. Miss Wortham ran into my Mom one day and asked for my phone number. She was worried and thought something must be up. The very next day, my phone rang - was I o.k? What could she do to help out? She wanted

me to know I had always been a very special person to her.

I have no idea the numbers of students who went through her classes in the last 43 years, but I am confident that she never forgot one of them. If anyone has a soft heart, it would be Emma Wortham.

**Audrey Woods**

[audrey@yourlri.com](mailto:audrey@yourlri.com)



“Today, see if you can stretch your heart and expand your love so that it touches not only those to whom you can give it easily, but also those who need it so much.”

~Daphne Rose Kingma

## Soft Hearts

**This is the month that we celebrate Valentine's Day.**

“St. Valentine is believed to have been a priest in Rome during the reign of Emperor Claudius II. He was well loved by the Romans who flocked to the temple where he was assigned, to listen to his words.

During that time, Emperor Claudius was defending his empire against its enemies.

Year after year the battle continued but men who wanted to be soldiers were diminishing. Married men did not want to leave their families and single men did not wish to leave their loved ones. So to resolve the problem in the recruitment of men who will go into the battlefields, Emperor Claudius passed a new law which prohibits any more marriages. Valentine did not support the new law and continued performing marriage ceremonies secretly.



He believed that people needed to get married so that they would not be tempted to sin by living together without the sacrament of matrimony. One night, he was caught, arrested and thrown into prison.

The Emperor took a liking to the prisoner. He thought that the young man was well spoken and wise. He was encouraged

*to renounce his faith and become a loyal Roman but Valentine refused to give up his faith and beliefs which resulted in him being condemned to death. He was beaten with clubs, and afterwards, beheaded, which took place on February 14, about the year 270.*

*In 496 AD Pope Gelasius marked February 14 to honor St. Valentine.*

*Many miracles have been heard about St. Valentine but the most inspiring is the story that happened before his persecution.*

*The story says that Asterious, Valentine's Jailer, seeing that the prisoner was a man of learning brought his daughter Julia to Valentine for lessons. Valentine read her stories, taught her arithmetic and told her about God. It was believed that through the prayers of Valentine, Julia's sight was restored.*

*On the event of his death, Valentine wrote a last note to Julia to thank her for her friendship and urged her to stay close to God. The note was signed, "From your Valentine." And some say that this was the start of the custom of exchanging love messages on Valentine's Day" ~From the St. Valentine website*



**To really give someone your heart**, you have to have one! Sometimes the wounds that come to us from the earliest moments after conception begin a process that's frightening, but all too common. That process begins separating our heart from our brain. The fear that arises in us as a result of the pain we've experienced has set us on a road to living in the brain's need to see to it that we survive. The heart, on the other hand, finds itself in the background, unable to feel or express love as it should. Now that doesn't mean that we aren't somewhat affectionate, or that we can't be sexual with our spouse, or that we are unable to say "I love you!" But what it does mean is that the intimacy (in-to-me-see) that we really need and crave is illusive to us.

This is the road to self-defeat. It separates us from intimate relationships out of the fear of getting hurt. It causes us to develop addictions that we **think** will fill the void, the emptiness in us. We think that if we develop relationship with someone of the opposite sex, that person will be able to fill the emptiness, complete our incompletes and make us "all better." We live out of the LOGIC of the brain, thinking without feeling, and never really allowing even our spouses to

get too close. Perhaps some of that is out of the fear that if our mate really knew us, they would run!

The Bible speaks of this in several places. In Hebrews 3: 12 – 15, Paul is exhorting the saints with these words:

*"Beware, Brethren, lest there be in any of you an evil heart of unbelief in departing from the living God."*

(Unbelief comes from lack of trust which should have been developed in us in the first 18 months of life, if we had all of our basic needs met.)

*"but exhort (encourage) one another daily, while it is called "Today," lest any of you be hardened through the deceitfulness of sin. For we have become partakers of Christ if we hold the beginning of our confidence steadfast to the end, while it is said "Today, if you will hear His voice, do not harden your hearts as in the rebellion."*

This text certainly implies that our hearts are to be tender, soft, vulnerable. And that's scary for some! How do you insure that you soften your heart? You begin the process of "de-sclerosing" the heart. Please understand that this does not happen overnight, just as hardening of the arteries doesn't heal overnight. It takes a proper diet, exercise and medication.

So to soften the emotional part of your heart, it takes a proper diet of knowledge, of sound information. And of course it takes your willingness to stick to the diet! It takes exercising that knowledge that you received by putting the principles into practice. And the medication is certainly input from the Great Physician who directs the whole process and His prescription of emptying the baggage causing us to be self-centered and emotionally hardened.

So while St. Valentine might have been a heart-softened priest who easily could dish out love and acceptance from his soft heart, and we've created a holiday from his story, perhaps we ought to be thinking on a regular basis, not just on February 14th, of softening our hearts, so that those around us and especially our mates and our children and parents, can find in us a soft and tender place, which will support their healing.



Love does not only transform our mental/emotional nature, it also involves the physical system of our body which goes through profound changes as well. ~David McArthur

### Think about those in your life who have had soft hearts and who have benefited you.

Ron had a few men in his life who opened their softened hearts to him. At a time when he needed a good man and acceptance more than anything (in prison) God gave him Leonard Hardwick, the prison chaplain, who led Ron to Christ. Then God gave Ron Leonard Haswell, a Christian layman, who came regularly to the prison, put his arm around Ron and called him "son," and taught him much about God's word. When Ron was ordained years later, Leonard Haswell was there. When Ron graduated with his Master's degree, Leonard Haswell came again.

I can think of two women (other than my sweet mother) who have opened their hearts to include me. One was Dr. LaVeta M. Payne, a teacher of psychology at whose feet I sat in college. I began to work as her reader in college, and we developed a mother-daughter relationship that lasted until her death. She encouraged me in every way possible, and when she was 80 years of age and heard that I was having a knee replacement, flew to our home to "take care of me."

The other was Ruth Anderson. She and her artist husband, Harry, were soft places for both Ron and I to land when in early ministry we came up against a whole lot of difficulty and opposition. They had open hearts and an open home where they eagerly dished out luscious homemade soup (always hot on the stove in the winter), cool lemonade on their shaded porch in the summer, and a whole lot of love and encouragement to "keep on keeping on."

Leonard Haswell, Dr. Payne and the Andersons and my soft-hearted Mother are in the grave today, but oh how I eagerly await resurrection morning, when we can embrace and feel each other's gentleness again. We often think of them, miss them and greatly desire to emulate them.



We would love to hear about the person in your life, whose soft and loving heart embraced you at a great time of need. Send those to us will you, and we'll print some of your stories in subsequent newsletters.

Think about pasting a beautiful red heart on your refrigerator, and using it to remind yourself, to "harden not your heart."



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tools and knowledge you need to keep your relationship fresh and vibrant.

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### Free DVD

An introduction to *Binding the Wounds*, and *The Journey* with a sample clip from each segment of *The Journey*.

It is great for use in explaining to someone what these programs are all about.

To get your **FREE** copy, send your mailing address to [Rockeys@itsfixable.com](mailto:Rockeys@itsfixable.com).

Subject line— "Free Intro DVD".

## *Birthing*

Birth pangs endure a lifetime.  
 Sedated or agonizing through the process.  
 The memory remains - revisited at every curve  
 On the path to maturity - wholeness.  
 Original pain allows some control.  
 Contractions of pain, times of rest to  
 Prepare for the push to newness of life, and the  
 Gift of reproducing self.  
 Too soon, nurturing at the breast, yields to  
 Separation by the cup.  
 Carrying and cuddling give way to the  
 Excitement of first steps.  
 Yet, I glory in each clue of progress,  
 Each barely recognized attempt at words.  
 Encouraged and affirmed, nurtured and taught,  
 They press towards independence.  
 We teach them survival, we instill its principles,  
 Praying that our mistakes do not  
 Damage the sensitive un-conscious.  
 Guidance continues until they no longer ask,  
 Or care to ask,  
 Lessons learned by the stumbles and falls,  
 Are learned only by the intensity of the fear and hurt.  
 Our dedication of these babes to God, does not  
 Prevent the pain of our foolish choices, and theirs.  
 One moment I hand them up to God, the  
 Next I worry that he cannot keep them!  
 Each willful refusal to see reality and  
 Think maturely, finds me in labor again.  
 Longing to rebirth in them a teachable spirit,  
 And a willingness to change,  
 Knowing all the while that we ourselves,

Have taught them the stubborn spirit we deplore,  
 And have modeled the resistance we mourn.  
 How God, just exactly how can You see  
 Your created and imperfect children,  
 Running down a steep ravine toward  
 Ruin and death?  
 How do you get them to hear Your voice  
 Of caution, Your words of counsel,  
 When the life commandments we have taught,  
 Hamper them from hearing Your voice?  
 How can our mistakes, our education,  
 Our experience, our knowledge be transferred  
 To their decision making?  
 Lord, birthing process contractions still  
 Continue, and the joy of reproducing self,  
 Is long past.  
 I see us in them; I see the error of the past  
 In the present day, and I scream out  
 To prevent it from continuing.  
 Please Lord, reach through our pain displayed  
 In them, and through their own pain too, so that  
 They hear Your still small voice of direction.  
 Let them deal with our pain and theirs,  
 Handed down through the generations, so that  
 Contractions will finally cease, and  
 They will be birthed and parented by You!

~Nancy A Rockey, Ph.D



### Comments



*I have been watching your work through 3ABN & Hope Channel. I am a family and individual counselor in private practice in Australia. Your ministry is a wonderful blessing. Thank you for taking the journey of insight to share with us all! Will you be coming to Australia? Please let me know. In His Love Bronwyn Rewid*



### Native American Ministry

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*St. Valentine*

***"Forgiveness is the power that enlivens relationships. Forgiveness keeps life moving forward, creates harmony and makes you spiritually strong."***  
**- Maoshing Ni, MD**



Ron and Nancy are available for live seminars in your area. The seminars are typically 12—18 hours in length and are usually held on a weekend. They travel internationally, and prefer to work in a classroom setting. Their unique style includes team lecturing , interacting with each other and the audience and modeling healthy conflict resolution. If you would like to have Ron and Nancy present a weekend seminar in your area, please contact Rockeys@itsfixable.com

## *Schedule of Live Events* 2010

March 20	Native American Campmeeting - Maricopa County (80th & Baseline) - 3 Hr. Overview of <i>The Journey</i> Recovery Program
April 13 - 14	Devonshire, Bermuda - <i>Why?</i> seminar at Devonshire SDA Church
May 15 - 16	El Paso, TX - <i>Why?</i>
Sept. 15 - 16	Illinois - More info TBA
Oct. 2 - 3	Simi Valley, CA - <i>Why?</i>
Nov. 6 - 7	<b>Available</b>
Dec. 4 - 5	<b>Available</b>
<b><u>2011</u></b>	
Jan. 8 - 9	<b>Available</b>



### *Who to Contact*

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888-800-0574

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#### **Planning a Live Seminar:**

Audrey Woods,  
audrey@yourlri.com

*Primary Business Address*  
PO Box 1062  
Alto, New Mexico 88312



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*Our team offers educational information and processes to enhance life for those who have been traumatized, abused and live with daily dysfunction or unhappiness.*

*We offer an alternative to psychotherapy, helping people to repair and take control of their thoughts, feelings and behaviors, thus enhancing careers, relationships and personal joy.*

**“Laugh as much as you breathe  
and love as long as you live.”**

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<b>BOOKS</b>				
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<b>Bold Love</b> - Dr. Dan Allender		\$13.99		
<b>Boy Who Was Raised as a Dog</b> - Dr. Bruce Perry		\$15.95		
<b>Breaking the Cycle of Divorce</b> - John Trent		\$19.99		
<b>Changes That Heal</b> - Dr Henry Cloud		\$12.99		
<b>Changes that Heal</b> – Workbook		\$12.99		
<b>Chosen</b> - Drs Ron and Nancy Rockey		\$12.99		
<b>En Casa</b> – Belonging (Spanish edition)		\$12.99		
<b>For Men Only</b> - Shaunti and Jeff Feldhahn		\$14.99		
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<b>For Young Women Only</b> - Shaunti Feldhahn		\$13.99		
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<b>Heart Speaks</b> - Dr Guarneri		\$14.00		
<b>His Needs – Her Needs</b> - Willard E Harley		\$19.99		
<b>His Needs – Her Needs</b> (audio book CDs)		\$39.00		
<b>His Needs – Her Needs</b> (audio book Cassettes)		\$24.99		
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<b>Lies at the Alter</b> (Paperback) - Dr. Robin Smith		\$14.99		
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	<b>Title</b>	<b>Qty.</b>	<b>Price ea.</b>	<b>Total</b>	<b>B/O</b>
<b>Audio/Visual - Authors Drs Ron and Nancy Rockey</b>					
	22 Week Notebook - Binding The Wounds		\$25		
	22 Week Notebook in Spanish - Binding The Wounds		\$25		
	22 Week Small Group – BTW (English) – DVD + 2 Notebooks		\$249		
	22 Week Small Group – BTW (Spanish) – DVD + 2 Notebooks		\$249		
	Binding The Wounds – CD – audio seminar		\$99		
	Binding The Wounds – DVD – video seminar		\$199		
	Connecting – CD		\$89		
	Created for Success – DVD – with 2 workbooks		\$199		
	Journey to NAI – facilitator copy		\$35		
	Journey to NAI – student copy		\$10		
<b>The Journey Small Group Recovery Program - Authors Drs Ron and Nancy Rockey</b>					
	Passenger Lesson Guide DVD		\$149		
	Passenger Notebook		\$49		
	Mode Lesson Guide DVD		\$149		
	Mode Notebook		\$49		
	Route Lesson Guide DVD		\$149		
	Route Notebook		\$49		
	Destination Lesson Guide DVD		\$149		
	Destination Notebook		\$49		
	RING BINDERS (with purchase of The Journey Notebook)		\$0		
<b>Misc.</b>					
	Macaroni Pin		\$4		
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<b>Subtotal of Books (from front)</b>					
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