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Nancy Rockey info@fixablelife.org

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"I would never have amounted to anything were it not for adversity. I was forced to come up the hard way." ~J.C. Penny



July 2009 Volume 31

Editor's Corner

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"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."

~Helen Keller

"Even though you may want to move forward in your life, you may have one foot on the brakes. In order to be free, we must learn how to let go. Release the hurt. Release the fear. Refuse to entertain your old pain. The energy it takes to hang onto the past is holding you back from a new life. What is it you would let go of today?" ~Mary Manin Morrissey

The doctors told Anne that she needs a total knee replacement. Her arthritic knee just isn't going to function much longer. He said the recovery time would be 3-4 months. Anne, 81 yrs. old, cares for her 93 yr old husband and is worried about what will happen to Walt while she is having surgery and recovering. Who will make sure he has something to eat, his laundry is done, the dog is

taken out, and the house is picked up? Who will be there if something happened to Walt so he could get help? She opted to put off the knee surgery because she couldn't see a solution.

Now Anne is in so much pain she can hardly get out of the chair. Fixing a meal is out of the question as well as laundry, etc. Something has to be done immediately. Holding on to the painful, arthritic knee for fear of what might happen while she was "disposing of the pain", has only made her and Walt's situation worse instead of better.

Physical or emotional pain will not go away until we make the decision to do something about it. We tend to hold on to



our pain because going through the process of getting rid of it is scary. We've been assured life will be much better on the other side, but we are so scared of the process of eliminating it that we stay where we are until the pain gets so bad we can't function.

Fixable Life is here to help you begin the process of eliminating emotional pain. Start now. As Ron likes to say, "If you're teachable, you're fixable."

Audrey Woods

audrey@yourlri.com

Children of Divorce

"I was sitting in my high chair. Do you remember those old metal ones – the kind that could have impaled you should you have inadvertently bumped into the end of one of the rods that supported the metal tray? Yes, well I was in my chair at the supper table. My mother

was at one end of the table and my father at the other. They were having a huge discussion, or should I call it an argument? A fight? I remember it well because my father left that night and never came back. They divorced and I was raised for quite a few years by a single

mother. Then I got a step-father. Birthdays would come and go and so would Christmas holidays, but we never heard from my father, and he lived just down the street from us, with his new wife."

"When I was old enough, I started to visit once in a while,

but he never called me on the phone, came to visit me or initiated any kind of contact. His wife told me that I should come more often to visit; that my Dad would like that, but I wasn't too sure if I really wanted to. I graduated from high school and went off to college, where I met the love of my life, who is now my wife. We fell head over heels in love with each other and I asked her to marry me. When we were engaged, I thought I would take her to meet my father."

"While we were there at Dad's house, my fiancée' said she wanted to ask my Dad a question. He told her to go ahead and ask. Boldly, she questioned, why he had never supported his son during his growing up years. I was horrified! My father got up from his seat and went to the dining room hutch. He opened a drawer

and pulled out a box. In the box was a huge stack of cancelled checks, one for each month of my life since the divorce. Also there were receipts for Birthday and Christmas gifts and cards that read, "Return to Sender." My father's eyes were filled with tears and so were mine! The mother who I thought had so lovingly cared for me all alone with no outside support, had lied by omission. She hadn't bothered to tell me that my father had sent a child support check faithfully every month, and she had sent back or disposed of all the gifts he had sent my way."

"I had harbored bitterness and resentment for years, for the man who had "abandoned" us both, and in reality, the truth was different than what I had been led to believe. Immediately, my perception of him changed! And so did my perception of my mother!"

Children of divorce are often caught in a tug-of-war between a mother and father who are selfish and immature. Their disagreements get foisted upon the children, who become pawns, innocent victims of their

adult parents' childish behaviors. The sad part here is that all children, need both male and female parents. The male offers the roles of provider, protector and priest. The female offers care, concern and compassion. Both together offer encouragement and affirmation. When one or the other is missing, so is a raft of emotional gifts that should be bestowed from that parent upon the child.

What happens to children whose parents divorce?



The most dramatic effect happens if parental divorce occurs while the child is in the womb or in the first seven character-forming years. The child then grows up physically as childhood continues, but their emotional

maturity is hampered. Why so?

The first emotional need to be developed is trust, and it is developed in the womb and the first eighteen months of life. If turmoil occurs between parents during this period, the development of trust in the child is hampered.

All other stages of development are built on the foundation of trust, and without it or with it greatly in question, the development of autonomy (the next stage that is to develop between eighteen months and three years of age, is much harder if not impossible to achieve. The child fears loss. "If Daddy left me, will Mommy leave too? What did I do that was so bad or what about me is inadequate that my Daddy or Mommy would leave me?" And so, the tendency of the child is to cling to the parent who is left, thus hindering the formation of autonomy. Even difficult teens may be afraid that their behavior has contributed to the divorce and made it easier for a parent to leave.

What are some additional results of parental divorce?

Feelings of insecurity and fear of the future -

The many and often unavoidable changes that accompany divorce can undermine a child's sense of security and make them fearful of the future – about "what's next?" Will we be poor, will we have enough to eat, will I have to go to a new school, will I lose my pet rabbit, will I still see my friends? In short, they will fret about all the things that are important in their world.

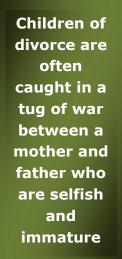
Feelings of Rejection - Children of divorce may feel rejected and unloved by the parent who has left. This makes little sense until we remember that children perceive themselves as the center of the universe. Therefore, everything that happens must have something to do with them.

Feeling Powerless - Children who feel responsible for problems between parents tend to believe they can also fix things. They may go to great lengths to be a "better child" – a more helpful and appealing child – or believe they have the power to "wish" their parents back together again. When this doesn't happen –

when their often elaborate plans and hopes for reconciliation fail – children feel powerless and upset that they cannot make a difference.

Feel they are torn in two-The most damaging effect of divorce on children is the emotional trauma caused by parents who fight or belittle each other in front of their children. That's what happened to the child in our opening story. Children feel expected to take sides but cannot do this without being disloyal to the other parent. However, by not taking sides they fear disapproval and rejection by both. They are trapped in a no-win situation where it is "wrong" to love both parents. Isn't that what happened to the little fellow in the high chair?

Sad - Children of divorce may feel a huge sense of loss and sadness, believing that the absent parent has gone forever and that they no longer have a family – a way of life is at an end. Their feelings mirror those of children who really have lost a parent forever, to accident or illness. However, they are often underestimated or overlooked so that children of divorce do not receive the same kind of support. Unmanaged they can deepen into de-



pression.

Stressed - During divorce, children may feel stressed and under pressure to do more than they can realistically cope with at a time that is already stressful enough. For instance, they may volunteer to take on extra duties at home or be burdened with extra responsibilities like it or not. They may actually be told that they are "now the Man of the house" by a mother who has been divorced. They may also be used as a confidante and advisor by one or both parents, a role that even teens are not qualified for or comfortable with. This can make them overly-burned and/or hyper responsible for the feelings of their parents. Eager to help out and seem "grown up," they may hide how stressed they really are.

Lonely - Children of divorce may feel lonely. They may miss the intimacy, comfort and particular parenting skills of the absent parent. The parent at home may be so wrapped up in their own problems, their anger, sadness, fear and feelings of worthlessness, that they are not available to their children. Circumstances may have cut them off from their usual playmates. Children may seek intimacy and comfort elsewhere, or become withdrawn.

Angry - Anger is a common emotional effect of divorce caused by lack of understanding or acceptance of the divorce, specific events and changes, emotions that children are not equipped to manage or even allowed to express. Their anger may get them in trouble at home or in school, compounding the justified anger they feel for being abandoned. Children do not always show their anger. It is more common when divorce brings a low-conflict marriage to an end because the reasons for the divorce are not so obvious. Children resent their parents for doing something that in their view is unnecessary.

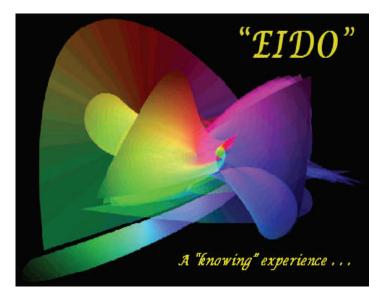
Depressed - Depression is not a direct emotional effect of divorce but a "second stage" emotion following on from one or several emotions linked to divorce. For instance, sadness, loneliness, feeling rejected. Depression is a sign that children have not received the support they need to cope with these emotions. Just as much or even more than the parent who has endured divorce, a child needs support from other family members, especially those of the gender whose parent has left the home. They need a safe place to share feelings without being told "you shouldn't feel that way."

Confused and Perceptions Twisted or Inaccurate – As in our story, this boy believed until age twenty-three, that his father did not love or care for him, and that his mother struggled financially to support him without help from his birth father. He was confounded by the lack of attention, and the inconsiderateness of a father who wouldn't even acknowledge his birthday or Christmas with a card or gift.

In reality, it was the bitterness and selfishness of his mother that caused his wrong perception of his father. Talk about wasted years, years that could have included his father in events, holidays and more importantly, in love and affection! All too often, the offended parent causes as great a harm to the child as the one who left the home does.

Divorce is a loss, no matter who is at fault and what caused it. Loss precipitates grieving, and we each grieve differently. Some cry, some can't eat, some are depressed while others feel and display anger. What needs to be understood by anyone who is related to or in contact with a child of divorce, is that the child is grieving and at least partially blaming themselves for the loss. They need tremendous support, "fill-in-the-blank" outings with a substitute of the same gender, warmth, affection and tenderness. In Short, they need to feel loved – they need to feel that "someone" is doing whatever is in their best interest. And that certainly requires time, attention and caring.

Cont. on pg. 5 - A Child Expresses Pain, A Teen Expresses Pain, An Adult Expresses Pain.



Portland, OR-Oct. 26-31, 2009

Registration Deadline: Sept. 20, 2009

"EIDO" is a 6-day educational and experiential intensive seminar with Ron and Nancy that combines lecture, small group and corporate experience. They use several different inventories, to help you discover your unique giftedness. Every facet of life is impacted. In the process you can find success in intimacy, relationships, career, health and spirituality.

First 18 to register with a \$500 non-refundable deposit will attend.

Total seminar cost—\$1500 (includes lunch daily). Lodging and other meal costs separate. To register call 503-252-2112. For more info audrey@yourlri.com

"You will either step forward into growth or you will step back into safety." ~Abraham Maslow

"Never give up for that is just the place and time that the tide will turn." ~Harriet Beecher Stowe

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Ask the Rockeys ??

Question: My 5 year old son has recently become a victim of peer sexual abuse and has confided in us. What resources are available to us to get him the help he needs?

Answer: You are your son's best resource.

- Make sure that the other parent's are aware of what has happened. Make sure that they know that their children became perpetrators because they were first victims that's the way it works. Of course, there's so much trash on the internet and the TV now, the perpetrator(s) could have been victimized there as well as by someone else.
- Make sure that these children no longer have access to your son.
- Get the book <u>The Wounded Heart</u> by Dan Allender available at 1-888-8000LRI (our warehouse). Dan is a Christian, a sexual abuse victim (as is his wife) and a well-known psychologist. The book is the finest thing available on the market!!
- 4. If you can find a Christian psychologist who specializes in counseling in child victims of sexual abuse, you might get an appointment or a series of appointments for him.
- 5. The reason that we say that you are your son's best resource is that he needs to be comforted by you, and he needs to know that you believe him and that what happened to him should NEVER happen to a boy or girl! You need to be the best listening ear reading between the lines when he speaks of what happened or shows fear of other kids. You need to let him know that he is going to be OK, and that you have every intention of getting him whatever help he needs to be fully assured that he is OK. Make sure that he is convinced that he is not at fault for what happened.

Question: I am a divorced mother of two beautiful angel girls. I WANT TO LEARN how to deal with my internal struggles in a healthy way and pass those tools onto my children. I desire healing from the damage done -beginning now. I just don't have the answers I am looking for. I do have tons of questions;) Can you give me the tools to help me heal and then show me how to help others do the same?

Answer: We would strongly suggest that you get involved with a directed recovery study in a small, gender-specific group.

You could do that by looking on line at www.yourLRI.com under products. There you will find two such programs:

- Binding the Wounds 22 session recovery program (videos and workbooks) Training about how to run the group can be founder under Facilitator Area and also on Video #1. If you are faithful and diligent at doing the work, writing in your notebook and sharing honestly in the group, you will make excellent progress. Perhaps your local church would be willing to run groups.
- 2. The Journey a 40 session recovery program, divided into 4 segments of 10 lessons each. Again, you can read more about this on the website above. The Journey has 40 videos, 40 chapters including new science, and 40 workbook lessons. Also this is divided for small, gender-specific groups.

Just know that you AND your children deserve the healing that comes with power from God for your healing.



Announcements

Non-Profit Status:

As a non-profit corporation, our aim is to assist hurting people to find relief through the materials we've written, the seminars we teach, and the recovery programs we've produced.

If you are willing to assist us in these endeavors, here are a few of the projects currently in process, for which we certainly need funding.

 TV Programming for KSCE-TV, a Christian station out of El Paso, Texas broadcasting to Juarez, Mexico, El Paso, Las Cruces, Alamogordo and surrounding towns. El Paso has the largest U.S. military installation in the country. Both the English and Spanish versions of <u>Binding the Wounds</u> will be broadcast. On July 9, advertising for the programming starts for one week. The actual 22 sessions of programming start broadcasting on July 16, 2009.

Viewers can send in for the accompanying workbook at a greatly reduced rate. Those workbooks need to be cosponsored by supporters of this ministry.

We are doing a mini-seminar free of cost for the station's staff. Travel expenses & supplies need to be covered.

- 2. We are offering the recovery programs for prisoners. Prisons do not have funding for the DVD's or the workbooks, so this is a needed and valid project for supporters.
- 3. There are many people who call for help, but cannot afford the necessary testing. A fund for supplementing the cost is being established.

Your help and support in these and other endeavors is greatly appreciated!

VISA === BANK

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A Child Expresses Pain

- 1. Easily intimidated by a look or gesture.
- 2. Tends to isolate or withdraw from others.
- 3. Has great mood swings.
- 4. Has withdrawn anger (appears depressed).
- 5. Asks the questions "Why me?" frequently.
- 6. Is a bed wetter—no physical problem identified.
- 7. Expresses escalating rebellion.
- 8. Is restless—has difficulty sitting or standing still.
- 9. Inattentive—frequently diagnosed as ADD/ADHD.
- 10. Appears preoccupied in own thoughts.
- 11. Is a daydreamer to an extreme.
- 12. Is regularly disobedient.
- 13. Is openly rebellious ("No" is the favorite word).
- 14. Openly hostile—Hits or kicks without provocation.
- 15. Is aggressive—starts fights frequently.
- 16. Cannot take responsibility for behaviors—blames others.
- 17. Suddenly adopts "off the wall" behaviors.
- 18. Beginning of eating disorders, Over eating, Anorexia, Buli-
- 19. Self-mutilating behaviors begin: Excessive nail biting, Hair pulling, picking at body.
- 20. Cannot relate with other children well feels that others are "picking on him/her."
- 21. Has poor hygiene habits.





A Teen Expresses Pain

- 1. Has a well-established false front—Mask
- 2. Has the beginnings of the dual personality.
- 3. Self-doubt is firmly in place—feels inadequate.
- 4. Self-worth is very low—acts "all together" or "I'm no good!"
- 5. Feels rejected by everyone: Has difficulty forming relationships with peers parents, teachers or others.
- 6. Often follows a gang in order to feel accepted.
- 7. Begins to sabotage success: poor grades, low achieving, refuses to attempt projects or demeans ability.
- 8. Behaves in an obnoxious manner to insure receiving the rejection he expects.
- 9. Is a loner or follows a destructive gang.
- 10. Is selfish (self-centered) in every area of life.
- 11. Does not feel worthy of any good thing coming their way, so will distance from prosperity or happiness.
- 12. Becomes a promiscuous as a result of:

Rejection: seeking love and acceptance

Sexual Abuse: Places personal value on the sexual service they can provide. These teens are driven to sexual behaviors!

- 13. Self-mutilation becomes evident.
- 14. Isolates into TV, sleep, drugs, compulsive reading, etc.
- 15. Eating disorders—life-threatening.
- 16. Begins to have flashbacks to memory of damage.
- 17. Shifts blame to other people or situations.
- 18. Justifies behavior in a belligerent or tearful manner.
- 19. Becomes super critical of others and situations—especially authority figures.
- 20. Forms and communicates judgments of others.
- 21. Argues or disagrees out of a need to be right and make others wrong.

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Comments

"Hi Ron & Nancy! Haven't been able to attend your new seminars, but I keep checking to see if they are coming to my area. I finally graduated with my BS and am now doing the MSMFT program at LLU and am doing counseling as a Trainee. I love it and just wanted to let you know that of all the classes I've taken here in my first year, what I learned at your seminars has been the most helpful "class" of all. Thanks for your work! I look forward to seeing you again." ~Laura

"This material has changed our lives. We believe most people would benefit from the process, and recommend the series to those who ask." ~Pamela

An Adult Expresses Pain

- 1. Conform to other's expectations for acceptance.
- 2. Have difficulty making proper decisions: decisions are made by others or indecision. *Decisions made are childish & self-centered.
- 3. Form Co-dependent relationships (partners become parents).
- 4. Refuse to be accountable—but others must be!
- 5. Feelings of childishness.
- 6. Use survival behaviors (Jekyl_Hyde Personality)
- 7. Have little or no confidence; may appear arrogant
- 8. Communicate by—pouting, screaming, accusing, using extremes (you always/never), refuses to speak/uses silence.
- 9. Isolate—hides in substances; TV, Computer, reading, sleep, etc.
- 10. Have trouble managing anger—temper tantrums
- 11. Over-possessive of partner, children or friends.
- 12. Unstable (financially, etc.).
- 13. Have little or no discernment—appears to understand others, but has little or none of self.
- 14. Damaged sexual feelings & behaviors (multiple partners, masturbation, pornography.)
- 15. Be unable to emotionally bond adult to adult.
- 16. May be: hostile, anxious, depressed, insecure, feeling inferior, inadequate, inhibited, indifferent, apathetic, quiet (withdrawn), submissive to an extreme, overly compliant.

Damaged individuals can appear and behave within normal limits, except in their intimate behaviors.





Ron and Nancy are available for live seminars in your area. The seminars are typically 12—18 hours in length and are usually held on a weekend. They travel internationally, and prefer to work in a classroom setting. Their unique style includes team lecturing, interacting with each other and the audience and modeling healthy conflict resolution. If you would like to have Ron and Nancy present a weekend seminar in your area, please contact Audrey, audrey@yourLRI.com

Breaking the Cycle of Divorce

Statistics indicate that if your parents divorced, you're far more likely than someone from an "intact" family to get divorced. The same is true for your brothers and sisters. You may also know that children of divorce have a higher school dropout rate, a higher incidence of drug use, and increased relational struggles.

And so you find yourself asking, "Can I break out of this destructive cycle? Can I succeed where my parents failed? And if it's possible, how can I make it happen? What do I have to do?"

As an adult child of divorce,

author John Trent has faced the same fears and asked the same questions, and in Breaking the Cycle of **Divorce**, he offers insights into why adult children of divorce tend to repeat their parents' mistakes. He then lays out

a plan for facing your fears,

making reasonable and realistic

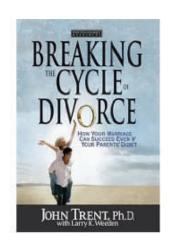
changes, and getting the help

you need.

You don't have to become a negative statistic. You can have a marriage that's strong . . . that thrives . . . and that gives your own children a solid foundation for happily married lives.

Breaking the Cycle of **Divorce** is your plan for building a lifelong, thriving marriage

\$19.99 + SH. Order online here or call 888-800-0574



Facilitator Resources

Download more facilitator resources here.



Closing Prayer

Dear Lord.

Thank you for this group and for the gift of recovery.

Please remind me often,

that I am in the process of trusting you

to fulfill your promise.

Give me the faith to trust you for the recovery,

regardless of what I see or feel.



Happy

Rapturous Elated Transported Enthusiastic

Inspired Glad Sunny High-spirited Exultant Light-hearted Buoyant Exuberant

Lively
Animated
Jubilant
Vivacious
Brisk Sparkling Merry Hilarious

Exhilarated Jovial

Sad

Sulky Dismal Dreadful

Angry Infuriated Offended Indignant Irate

<u>Hurt</u> Heartbroken Tortured Distressed In pain Pathetic

Feeling Words

<u>Afraid</u>

Panicked Cowardly

Eager

Enthusiastic

Interested

<u>Fearless</u> Brave
Daring
Gallant
Heroic
Self-reliant Resolute Stouthearted Hardy Determined Dauntless

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Oh Why, Oh Why

On those rainy nights you weren't ever there to tuck me in.

I ask myself again and again, did I do something,
or was it something dads just do?

Well I'm more grown up now and understand that it's not my fault
But why oh why?

Now I know that it had nothing to do with me, It all had to do with one little piece of paper that said to my dearest daddy goodbye, goodbye.

I didn't want him to leave but a Judge said it was time.

So the next couple of days I saw him take his stuff, and out of the blue before he went I gave him a very big bear hug and he was gone.

I haven't seen or spoken to him in a long, long time.

What was the paper about? Maybe a bill or something like that.

©Brittany R. Williams, Oh Why Oh Why Divorce Poems



Deprived of such experiences of the senses, the human brain can wither and die. Given a diversity of these experiences, the brain will develop well-rounded competence and a mind capable of under standing complex ideas and forming intimate relationships.

"EIDO" is a 6-day educational and experiential intensive seminar that combines lecture, small group and corporate experience. It is designed to assist you to travel beyond the growth received in your experience of "Binding the Wounds" and/or "The Journey" to a deeper understanding of how your early years have orchestrated adult character and behaviors.

Through the use of a well-tested and proven process, your innate (inborn) specific giftedness will be identified and explored. You will learn how wounds may have caused you to "live" in an area of the brain your entire life, that is not your God-given specialty, thus draining you of vital energy and success in life. Every facet of your life is impacted by this information! Finding success in intimacy, relationships, career, health and spirituality can be yours, when you choose this life-changing experience!

Your six-day encounter will be your opportunity to discover who God made you to be, to learn how your past has detoured your path to fulfillment, and to chart your new journey to joy!

What to Expect:

- Morning (9am—12pm) lectures will include new discoveries:

 Rejection and its affect on your entire life—specifically, how a focus on self (the result of wounds received) impacts your intimate relationships and your spriftuality. This substantially expands what you learned during 'Binding the Wounds' and/or 'The Journey'.
- MindPrint Inventory—a complete explanation of theory and the impact that results have upon your
 every-day life. You will be instructed to take the inventory after we receive your registration. Once complete, you will return the inventory to its, and the scored inventory will be returned to you at the seminar. A
 complete understanding of your own mind's functioning, the reasons for your adaptation to behaviors not
 God-gleven, and the uncovering of your specific glittedness will pave the way to success in all areas of your

Afternoons (2pm—5pm) are reserved for Small Group Experience, where processes direct you to apply the morning's lectures to yourself

Evenings (7pm—9pm) are slated for mind-enhancing Corporate Experience. This will round out theory and personal application with practical examples, helping participants to learn through the observations of others and group interaction.

Noon vegetarian meal provided daily.

Breakfast, Supper, and Motel costs are the participant's responsibility. List of lodging options provided.



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www.yourin.com 251 Stenton Ave. Plymouth Meeting PA 194

Primary Business Address
PO Box 1062
Alto, New Mexico 88312
505-990-0250



Who to Contact

Editor:

Audrey Woods audrey@yourlri.com

Product Orders:

Chana Kostenko 888-800-0574

General Info:

info@fixablelife.com

Planning a Live Seminar:

Audrey Woods, audrey@yourlri.com

http://www.fixablelife.com



You Can 'Fly" with FLI

Life . . . It's Fixable is a 501-C3, Educational, not-for-profit corporation.

Our team offers educational information and processes to enhance life for those who have been traumatized, abused and live with daily dysfunction or unhappiness.

We offer an alternative to psychotherapy, helping people to repair and take control of their thoughts, feelings and behaviors, thus enhancing careers, relationships and personal joy.



Upcoming Live Events

Date	Place	Seminar
Aug. 2-5	Atlantic Union Conference	Worker's Retreat
Oct. 26	Portland, OR	EIDO

Name_	
Address	
Phone	Email
[] Visa/Mastercard #	Expiration Date
[] Check Attached #	Security Code:

Orders over \$100 = free shipping - or - add \$6 for first item and \$2 for ea. Additional item

Title	Qty.	Price ea.	Total	B/O
OOKS	13	2.0		
Belonging - Drs Ron and Nancy Rockey		\$12.99		V.
Bold Love - Dr. Dan Allender		\$13.99		
Boy Who Was Raised as a Dog - Dr. Bruce Perry		\$15.95		
Breaking the Cycle of Divorce - John Trent		\$19.99		
Changes That Heal - Dr Henry Cloud		\$12.99		
Changes that Heal – Workbook		\$12.99		
Chosen - Drs Ron and Nancy Rockey		\$12.99		
En Casa – Belonging (Spanish edition)		\$12.99		
For Men Only - Shaunti and Jeff Feldhahn		\$14.99		
For Parents Only - Shaunti Feldhahn		\$14.99		
For Women Only - Shaunti Feldhahn		\$14.99		
For Young Men Only - Jeff Feldhahn & Eric Rice		\$13.99		
For Young Women Only - Shaunti Feldhahn		\$13.99		
Freedom from the Grip of Fear - Dr Norman Wright		\$12.99		
Gift of Forgiveness - Charles Stanley		\$12.99		
Healing the Scars of Emotional Abuse - Dr Gregory Jantz		\$12.99		
Hearts Code - Paul Pearsall		\$14.95		
Heart Speaks - Dr Guarneri		\$14.00		
His Needs – Her Needs - Willard E Harley		\$19.99		
His Needs – Her Needs (audio book CDs)		\$39.00		
His Needs – Her Needs (audio book Cassettes)		\$24.99		
Inside Story - Heartmath Institute		\$5.95		
Invisible Bond - Barbara Wilson		\$12.99		
Lies at the Alter (Paperback) - Dr. Robin Smith		\$14.99		
Loving Your Child too Much - Dr Tim Clinton		\$21.99		
Magical Child - Michael Mendizza and Joseph Clinton Pearce		\$15.00		
Magical Parent - Magical Child - Author same as above		\$17.95		
Managing Emotions - Heartmath Institute		\$9.95		,
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